

## How Will Doing Work Stations Help Me?

In school, my teacher has set up work stations. Work stations are different than other kinds of things I do in school. There are activities at each station, and they all have their own set of rules. The teacher set up these stations because she thought it would be a fun way for her students to learn.

I like to stay at my desk because it is comfortable and I know how to do that. Even though the teacher says work stations are a fun way of learning, they are new to me. New things sometimes make me feel nervous or upset. Hmmm, what should I do?

One thing I can consider is the word BRAVE. Brave people try things that are hard for them or make them nervous. Superheroes do that, soldiers do that, and I've done it before. That's how I got to the third grade- by coming to school as a little boy (even though it was new), by changing classes every year (even though each year is new), and by switching my math teacher (even though she was new). So I know I've been brave before.

Now I can try it again. It's the same kind of braveness but with a new activity- trying work stations. There are three levels, so I can grow in my braveness.

Level 1= I go to each work station when I should, but I might watch instead of doing work. Level 1 is a little brave. It's braver than I was the first time we had work stations in my room.

Level 2= I go to each work station when I should, learn the directions and try some work. But I might stop before I complete it. Level 2 is brave. I am learning how to start work at each station.

Level 3= I will go to each work station and do all the work I can to the best of my ability. Level 3 is very brave. I have learned how to do something new and different, and learned how to do it well.

I have been brave before by learning how to do new and different things. I can do it again! My teacher will guide me, because she wants to help me. When I follow her directions, she will think, "Wow! \_\_\_\_\_ is learning how to be brave! That is super!" And so will my parents. Yeah!