

Green Behavior vs Red Behavior

When we are around other people, the way we act and what we say puts thoughts in other people's minds.

We like other people to think nicely about us, so we monitor our behavior. That means we behave so other people will think well of us.

Green behavior is the kind of behavior that people expect. When you behave like that, people's thoughts are never negative and are usually positive.

Red Behavior is the kind of behavior that is unexpected. When you behave like that, people might have odd thoughts about you or feel negatively about your behavior. They might think what you are doing is wrong or weird.

People sometimes engage in **Red Behavior** and they don't even know it. They don't make friends that easily because of their mistakes. What they need to do is figure out what their Red behaviors are. Then they can fix them.

HARD QUESTION:

What are your Red Behaviors?